Auditory Neuropathy/ Dys-synchrony: Shades of Gray



EHDI 2008 Jan Stroud, Au.D. Patti Martin, Ph.D Nannette Nicholson, Ph.D Elizabeth Raines, B.A.

## **Auditory Neuropathy**

...term to characterize a hearing disorder in which patients presented with:

Evidence of poor auditory neural function

Evidence of poor auditory function

Evidence of present hair cell function

Incidence widely variable ranging from 1-20% of HI population

 HI = involvement of auditory nerve either as part of generalized neuropathy or isolated auditory nerve disorder Starr et al, 1996

## Auditory Neuropathy

- Berlin et al (2001) added auditory dys-synchrony
  Term "morphs": auditory neuropathy/dyssynchrony or AN/AD
- Important because the auditory nerve is not always affected always affected

## Six Categories of AN/AD

### Berlin, 2001

- Children with absent ABR but otherwise normal hearing ability who develop speech and language
- Children with OAEs and CM initially, but disappear over time;; behavior consistent with severe-profound profound HL —hearing function may appear improved at times
- 3. Similar to #2, but pt. functions as severely impaired majority of time; OAEs eventually disappear/CM activity remains

## Six Categories of AN/AD

### Berlin, 2001

- 4. Pts with no ABR and behavior consistent with profound loss
- Children "normal" at birth that develop problems w/hearing, speech, language and are later later dx with AN/AD as part of a general peripheral neuropathy (Charcot-Marie Tooth)
- 6. Adults with no ABR but otherwise normal auditory and language function

## **Possible Causes of AN/AD**

### May be multiple underlying causes

- Abnormality in the synapse between primary neurons and IHC leads to temporal "jitter"; nerves are no longer phase locked to the stimulating waveform
- Loss of function of IHCs and/or auditory neurons so that fewer or no spikes are evoked in the auditory nerve; consistent with the fact that some pts have near-normal thresholds since only a few functioning IHCs are required
- Might be associated with "patchy" dead regions over a large part of the cochlea

# Etiology of AN/AD

 Yes: Hyperbilirubinemia; perinatal asphyxia; prematurity; ototoxicity; family history; consanguinity; other neuropathies

■ Maybe: IVF-6 of 26 (Raveh et al, 2007)

No: 25-35% w/no known risk factors for AN/AD

## **Communication Characteristics:** Shades of Gray

- Inconsistent response to sound (but some exhibit consistent response to sound)
- Speech understanding poorer than predicted by audiogram (but not always)
- Speech understanding poor in presence of background noise (OK...almost always)
- Often difficult to learn spoken language through listening alone (but can happen)
- Range of vocal quality (can vary day to day) Sininger & Starr, 2001

## AN/AD

### Rapin and Gravel, 2003 & 2006

"urge that the term auditory neuropathy be reserved for demonstrable involvement of 8th nerve as a whole or selective involvement of the spiral ganglion cells or their processes"

" should not be used for pathologies of uncertain or mixed locations"

Anatomic Site of Pathology	Proposed Nomenclature
Hair Cells	Sensory Hearing
Spiral Ganglion Cells/VIII nerve	Auditory Neuropathy
Spiral ganglion cells/VIII nerve and/or central auditory pathway (when locus of pathology is undetermined)	Neural Hearing Loss
Hair cells and/or spiral ganglion cells/VIII nerve and/or central auditory pathway (when locus of pathology is undetermined)	Sensorineural Hearing Loss
	Rapin and Gravel, 2006

# Protocol for Assessment and Management

- ABR; tymps, ART, OAEs, Case Hx
- Cochlear nerve MRI (absent/deficiency)
- Developmentally appropriate behavioral/speech perception/language assessment at frequent intervals (every 3 mos)
- Once behavioral sensitivity is established, amplification trial (DSL, etc.) w/counseling and monitoring
- Genetics, Opthalmology, Otology, EI

# Protocol for Assessment and Management

Hearing Aids: Benefit or Not? Timeframe varies due to: Developmental level Consistency of amplification use Clinical "wavering" of professionals Progress in Speech and Language Development Results of subjective evaluations (ITMAIS, ELF, etc.)

Protocol for Assessment and Management

Cochlear Implants: No, Maybe, Yes

No: Early cases of AN thought to be due to poor function of the VIII cranial nerve
Maybe: Due to results of pts implanted prior to OAEs

Yes: Outcomes vary, but are similar to those w/SNHL

# **Cochlear Implants and AN/AD**

Why does it work? May bypass the site of lesion (IHC, synaptic junctions) Electrical stimulation may restore synchronous firing of cochlear nerve Post Implant: EABR and electrically evoked stapedial reflexes indicates that neural synchrony has been enhanced/achieved

## B.W.

### Case 1

- 8 months old w/ hx of NICU stay
- Congenital anemia, hyperbilirubinemia (double volume exchange transfusion, peak direct bili level of 24.4)
- Passed NBHS Phase I (OAEs); referred Phase II (AABR)

## B.W. - 1<sup>st</sup> AER

Diagnostic eval at 3 months

- Present OAEs, Absent Acoustic Reflexes, ABR
- Re-eval in 3 months





# B.W. - 2<sup>nd</sup> AER



# **B.W. - behavioral**

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## B.W.

- Behavioral testing limited
- Parents note some responses to louder stimuli but not much.
- Began trial with mild gain amplification and speech/language therapy
- Monitor and adjust!

## E.C.

## Case 2

- (Foster Care) possible preterm birth, no prenatal care, exposure to cocaine/methamphetamines in utero, abnormal external ear shape
- Failed NBHS in right ear
- Previously diagnosed with suspected AN/AD in another state; mild bilateral amplification fit, inconsistent use

## E.C.

Initial visit at ACH – 15 months:
 CT scan, repeat AER, behavioral, speech/lang. eval
 Present OAEs, absent ABR - left ear
 Absent OAEs/ABR – right ear

# **E.C. 11/6/07**



# **E.C.** 12/7/07

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BC	30?						Static Compliance	0.5	0.Z

## E.C.

■ Now has full-time HA use (mild gain on left; fit to loss on right) Currently getting speech tx 3xs month Recent MRI – normal eighth nerve on left; absent/deficient eighth nerve on right CI has been discussed, but due to MRI findings and recent acquisition of full-time HA use/tx, no decision has been made yet.



### Plans:

- Continue to monitor rate of speech/language development
- Possibly increase amount of speech/language therapy
- Remove right HA (no VIIIth nerve)
- Consider CI



## Case 3

- 6 year old female
- Normal hearing, speech/language, development
- Seen as in-pt initially with hx of viral cerebellar ataxia

## Unsteady gait

 Unable to understand parents following viral attack





## K.M.

Mild/moderate behavioral hearing loss
Can not obtain SAT/SRT
Present OAEs bilaterally
Absent/elevated Acoustic Reflexes





## Absent ABR - AN/AD

## K.M.

Due to sudden onset – conservative approach
Trial with personal FM
Repeat behavioral testing
Speech/language tx (short-term)

Almost one year out – no noted improvement
 Just began trial with bilateral amplification
 CI has been discussed, but parents very uncertain at this time

Discussed further neurological/genetic testing

## B.A.

## Case 5

Ten year old male who referred following hearing screening with teacher concerns OAE present and WNL, AU Type A tympanograms, AU Audiometric results Hearing within normal limits, AD No reliably, obtained thresholds, AS "normal" "malingering"???



#### ABR:

- Right ear: good wave morphology and absolute latency of components in the expected range
- Left ear: poor wave morphology, inverting CM when stimulus polarity reversed

#### Reflexes:

- MEMR absent ipsi, elevated contra, AS
- MEMR present ipsi, absent contra, AD



### Recommendations

### Classroom

- Optimal seating
- Confirmation of understanding what has been said
- Additional visual aids/media to supplement the spoken information of the lesson

#### Medical

- Referral to see otologist
- Follow-up re-evaluation
- Trial use of an earplug
- Lost to f/u

## S.C.

Case 6 Complaints: Trouble listening Trouble in school TV up Some days better/worse Currently in a facility for teenagers with emotional disorders/hx of sexual abuse

 Initial school problems considered to be related to ESL (moved to US at 6) although bilingual

Educated, concerned family

## S.C.

- SRTS at 40-50 dB
  PT essentially WNL
  Malingering ?
  Absent/elevated reflexes
  Present OAEs
- Reports speech as "bzup bzup, bzup bzup"

## **S.C.**





### Outcomes:

- Family/individual/staff counseling
- Trial comparing HA and personal FM
- Preferred FM
- Unanticipated environmental interference

Auditory Neuropathy/ Dys-Synchrony

## Summary

The cross check principle continues to be the gold standard "only the rules are different"

The one constant about AN/AD/?? is variability!